

Please note: referrals into this aspect of the Good Life Service is via social worker within the mental health adult locality team or Adults with Autism teams only.

Good Life Referral Criteria: specialist community mental health support

Referral Criteria:

- Individual lives in Cambridgeshire (this aspect of Good Life Service is not available in Peterborough)
- Engaged with Secondary Care Services (CPFT) at point of referral and is referred by their allocated social worker.
- Individual is aged 18 or over
- Has a need for goal focussed mental health support



Requirement:

Joint conversations with individual accessing support*, Social Worker and Good Life Manager to discuss:

- Individual aspirations
- Good Life 'Journey Plan'
- Time frame of support and review dates



What the Good Life Service Can do:

- Strengths-based support "along-side" individuals
- Recovery focussed work within local community
- Support to build up motivation, routine and independence



What the Good Life Service Can't do:

- Domiciliary care
- Administer medication
- Provide crisis intervention
- Transport individuals on a regular basis.

*Friends and/or family members are welcome to join these conversations if requested by individuals requiring support.

To make a referral to the Good Life specialist community mental health support, please contact our Good Life Manager by calling 0300 303 4363 or emailing: goodlife@cpslmind.org.uk FAO Good Life Manager