Job Description

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| **Post** | **Good Life Facilitator** |
| **Location** | **Based in Cambridge, working in central Cambridge, South Cambridgeshire and Huntingdonshire** |
| **Line Manager** | **Good Life Deputy Manager** |
| **Hours** | **Full time and Part time roles available:**  **Up to 37.5 hours per week, which may include some evening/weekend work** |
| **Salary** | **£24,437.00 per annum NJC April 2023 Scale Point 12 £12.49 per hour** |
| **Main Objective** | To work as part of a team to deliver the strengths-based Good Life Recovery and Inclusion Service which is underpinned by the following co-designed principles:   * We all have mental health, which fluctuates throughout our lives * Support through the tough times needs to be readily accessible * Those with lived experience can play a vital role in supporting others * We all have strengths, passions and talents we can share * Feeling connected is key to positive wellbeing and resilience |

**Vision**

Our vision is a society in which everyone has positive mental health and feels part of a connected community.

**Mission**

Our mission is to:

* support those with poor mental health to live well, whatever that means for them
* enable people to maintain positive mental health, especially those who are going through tough times
* inspire connections and eliminate stigma within our communities for the benefit of everyone’s mental health

**Values**

Our values are central to everything we do. They define us as an organisation.

* Respect
* Empowerment
* Inclusivity
* Integrity
* Courage
* Compassion

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| **Specific Duties and Responsibilities** |
| This is a community based service which will include:  **Delivery of:**   * 1:1 Good Life sessions, including support in individuals own homes and within their local communities as required across Cambridgeshire and Peterborough – including Hunts and Fenland * Co-delivered workshops and activities * Good mood cafes * Peer support groups and skills shares * Suicide and self-harm prevention sessions * Specialist, community-based Personality Disorder Service * Information and signposting sessions * Guidance on the use of online Qwell Wellbeing Service * Support to individuals seeking to access debt advice * Ensure that all support provided by the service reflects the strengths-based principles * Proactively work alongside PRISM and Social Care teams   **Promotion/facilitation of:**   * Co-production, co-design and innovation fund opportunities * Peer support volunteer opportunities * The Good Life service and partnership opportunities within the community   **Additional duties:**   |  | | --- | | * Participate in lone working systems * Provide cover for telephone triage as and when required * Travel independently to community locations, including service user’s homes, to deliver the service * Undertake all other duties commensurate with the role description | | **This post is subject to satisfactory enhanced DBS clearance.** | | |  | | --- | |  | | **General Responsibilities** | | **Equality**   * Promote the equality, diversity and rights of others by ensuring people are respected and valued as individuals. * Ensure equal access to services, that people are treated with dignity and without discrimination. | | **Quality**   * Work within all CPSL Mind’s policies and procedures at all times, with specific reference to the Safeguarding and Child Protection policies. * Implement quality assurance systems within CPSL Mind. * Monitor compliance with quality systems including Mind Quality Standards. * Have due regard for health and safety and security in the workplace and contribute to raising awareness. | | **Services**   * Maintain a strength-based service which recognises and celebrates the talents and abilities of the individuals accessing the service. * Maximise the potential for genuine co-production of service delivery wherever possible * Take a dynamic approach to risk assessment and mitigation. * Work collaboratively with individuals and other services as necessary in situations where an individual feels unsafe, and escalate as appropriate. * Liaise with the other mental health services across Cambridgeshire and Peterborough, as required | | **People**   * Recognise and respect the role of co-producers as equal partners within the Good Life Service. * Create productive working relationships within CPSL Mind and with partner agencies. * Identify individual and team development needs to continually improve performance and knowledge. * Develop personal skills to improve performance and knowledge. | | **Performance**   * Follow agreed work plans and monitoring and evaluation methods, ensuring that reports on performance are available. * Actively participate in all training relevant to the delivery of this role. * Participate in regular line management one to ones, clinical supervision and annual appraisals | | **Resources**   * Ensure that equipment and materials are available to achieve service outcomes. * Pro-actively manage limited resources. | | |
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**Person Specification**

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| **Competency** | **Essential** | **Desirable** |
| Proven ability to take a strengths-based approach to empowering individuals in ways that improve their mental health and wellbeing. | √ |  |
| Experience of delivering equitable and inclusive co-produced services |  | √ |
| Skills necessary to empower individuals to use their existing skills/talents to make positive changes in their lives | √ |  |
| Skills necessary to facilitate individuals to explore the use of evidence-based self-help skills, either on a one to one or group basis. | √ |  |
| Identification, assessment and mitigate risk - and escalation of issues required |  | √ |
| Clear understanding of principles of suicide prevention and safety planning |  | √ |
| Flexible approach to service delivery | √ |  |
| Demonstrable understanding and experience of supporting individuals experiencing symptoms associated with a Personality Disorder diagnosis. |  | √ |
| Knowledge and experience of managing professional boundaries. |  | √ |
| Proven ability to work under own initiative and problem solve as necessary | √ |  |
| Effective time management skills | √ |  |
| Ability to regularly update and maintain information within data protection legislation. |  | √ |
| Good communication skills across a range of media i.e. face to face, telephone, writing documents, emails, presentations and data collection. | √ |  |
| Positive approach to mental health, wellbeing and tackling stigma |  | √ |
| Ability to reflect on own practice | √ |  |
| Self-aware, with an ability to manage own wellbeing | √ |  |
| Car Owner & Full Driving Licence held | √ |  |

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| Post Holders Signature  Print Name |  | Date: |  |
| Line Managers Signature  Print Name |  | Date: |  |