**A New Volunteering Opportunity with CPSL Mind:**

**Peer Mentor**

CPSL Mind is a vibrant, values-led charity that supports local people in their recovery from mental health challenges, promotes wellbeing and campaigns against stigma and discrimination.

We are currently seeking Peer Mentors to join our growing Good Life service.

 This is a 6 month + volunteer placement which offers practical experience of providing wellbeing support to the community with both 1:1 and group facilitation opportunities. On completion of our peer mentor training programme, you will be offered a placement within our county wide Good Life Service.

**CPSL Mind Volunteer Peer Mentor**

Approximately 3 hours per week

Based in Cambridgeshire or Peterborough, with some home working if applicable.

This post presents an exciting opportunity to be part of a forward-thinking mental health charity, and to grow and develop in line with organisational strengths. The ideal candidate will have an element of lived experience, either personally or professionally.

Have good communication skills, empathy and the ability to work within a team.

**\*We are an equal opportunities employer and welcome applications from all sections of the community\***

To register your interest and receive access to our “is this for me” online session link on **9th November 2023 @10am** please email volunteering@cpslmind.org.uk

Once the “is this for me” session has been attended the Application Form, Role specification and Equality & Diversity Monitoring Form forwarded for completion.

If you require further information or support please contact volunteering@cpslmind.org.uk or **0300 303 4363**

 Online/face to face interviews will be carried out on Monday 27th November 2023.

Mandatory Online training sessions will take place on 7th Dec, 14th Dec, 21st Dec, 11th Jan ,18th Jan and 25th Jan 10am to 2pm (100% attendance required)

Additional mandatory online training is required for our volunteers.

 **Please note we do not accept CV’s**

Charity number: 265087 Company number: 1082980